

# 4th ANNUAL TCR™ SUMMER THROWS CAMP TOUR

# SHOT PUT & DISCUS

4th ANNUAL  
**ARETE THROWS NATION™**

**SUMMER THROWS CAMP TOUR**

THROWING CHAIN REACTION™ SYSTEM



**SAN ANTONIO TX**  
2019

TEXAS

*"The Arete camp was amazing. I FINALLY understand what I need to do to throw BIG numbers"*

*"I've been to many throws camps across the country and the Arete Throws Nation camp is the best! "*

## JUNE 11<sup>TH</sup> & 12<sup>TH</sup>

SAN ANTONIO | TEXAS

(Details online)

7:00am - 1:00pm

**SIGN UP @ [WWW.ARETETHROWSNATION.COM](http://WWW.ARETETHROWSNATION.COM)**

*"I have so much more confidence to coach my athletes now that I learned the TCR™ system... it just makes it easier - period. "*



ARETE  
THROWS  
NATION™

TM

# TCR™

SYSTEM